

Managing the Production and Service of Meals for Children with Medical Diets

APPENDIX 1 – TEMPORARY MEDICAL DIET MEAL SELECTION FORM

Dear parent, guardian, or carer,

Thank you for completing a medical diet request for your child. Whilst your child's personal menu is being created by our Nutrition Team, please **select a safe temporary main meal and dessert option** from the list below and **return these choices to your child's school office**.

Kindly note, safety is our utmost priority therefore, unless this form is completed and returned to your child's school office, we will only be able to serve your child a plain jacket potato until their named medical diet menu is in place.

TEMPORARY MEDICAL DIET MEAL	INGREDIENTS	TICK (✓) IF SAFE FOR YOUR CHILD
Main Meal		
Allergy Aware Tomato & Basil Pasta	<u>Chopped Tomatoes</u> (tomatoes, tomato juice), <u>Water</u> , <u>Gluten Free Penne Pasta</u> (Maize (70%), Rice (30%), Emulsifier: Mono- and Diglycerides of Fatty Acids), <u>Water</u> , <u>Onion</u> , <u>Tomato Paste</u> (Tomatoes), <u>Vegetable Oil</u> (Refined rapeseed oil, anti-foaming agent dimethylpolysiloxane), <u>Basil</u> (Dried Basil), <u>Mixed Herbs</u> (Marjoram, Thyme, Parsley, Basil, Savory).	
Plain Jacket Potato	<u>Potato</u>	
Jacket Potato with Cheese	<u>Potato</u> , <u>Grated Mozzarella & Cheddar Mix</u> Mozzarella Cheese (MILK), Cheddar Cheese (MILK), Anti-Caking Agent: Potato Starch	
Jacket Potato with Tuna Mayonnaise	<u>Potato</u> , <u>Tuna Chunks in Brine</u> Tuna (FISH), <u>Water</u> , <u>Light Mayonnaise</u> EGG Water, Rapeseed Oil, Sugar, Thickeners (Modified Starches), Lemon Juice (from concentrate), Salt, Free Range Pasteurised EGG Yolk, Acidity Regulator (Acetic Acid), Stabilisers (Xanthan Gum, Guar Gum), Preservative (Potassium Sorbate), Flavouring, Colour (Beta Carotene)	
Dessert		
Banana	<u>Banana</u>	
Apple	<u>Apple</u>	
Orange	<u>Orange</u>	

Student's Full Name: _____ Student's Class: _____

Date: _____ Parent/ Guardian/ Carer Full Name: _____

Parent/ Guardian/ Carer Full Signature: _____